

Chatterbox

Welcome January 2023!

2023 is well underway and Sue and the team at Safe Solutions Care are back into all things NDIS to help you on your journey.

2023 is sure to be an exciting year as the business expands its services offered with the added service of Plan Management to be up and running by the first half of this year.

We are also launching our monthly newsletter “Chatterbox” to keep you all up to date with things that are happening with us and in NDIS.

We welcome good news stories, photos and suggestions to add to our newsletter, this is for you, so please feel free to contribute ideas.

We are also thrilled to have a new Support Coordinator – Tracy Fitzsimmons joining our team.

Tracy brings to the team a wealth of knowledge from her years in management along with personal experience in dealing with the NDIS from a family perspective and supporting a loved one with a disability.

Tracy loves gardening, walking her son’s dogs, enjoying walks on the beach and lunching with family and friends.

We welcome Tracy to the team and look forward to having her meet our clients and working together to help support our NDIS family.



Contacts

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Recent highlights

Sue was thrilled back in September to have been nominated and then winning her category with the Enablement Awards for ***'THE MOST OUTSTANDING SUPPORT COORDINATOR FOR NDIS PARTICIPANTS IN AUSTRALIA 2022'***.

Sue attended the awards ceremony held at the Hawthorn Arts Centre on September 8th 2022 supported by Beth and a select few NDIS participants.



Sue Rittmeyer – Director and winner of The Most Outstanding Support Coordinator for NDIS Participants In Australia 2022.

Following on from Sue's success winning the national award, she was then nominated for the Global award in the same category held in London on November 10th.

Sue travelled to London with her son Clint, (who works with us as the bookkeeper and administration support) for the ceremony and was thrilled to have been a winner again in her category for ***'The Most Outstanding Disability Support Coordinator In The World in 2022'***



Clint Pickin & Sue Rittmeyer- Accepting her Global Award in London, United Kingdom on

10th 2022.

NDIS Updates

The NDIA is strengthening engagement with the Disability community, providing an additional \$1.4 Million to Disability Representative and Carers Organisations (DRCOs) to support co-design activities.

“We want to co-design activities to be meaningful and grounded in knowledge held by the disability sector, to steer the Scheme to where we all want it to be”.

To read about this go to <https://www.ndis.gov.au/news/8740-media-release-minister-funding-boost-co-design-disability-sector>

Health and Well Being

The New Year brings with it Resolutions, when we promise ourselves all sorts of well-being activities.

These range from healthy eating, weight loss, work-life balance, more time with friends or family/family of choice, increasing exercise and so on.

It's a great time to remember to do the basic health and well-being activities.

Make an appointment to see your Dentist, once a year.



See your GP to have a health check and medication review.



Talk to your GP about your vaccination status, not just for COVID- 19, but for the flu, and tetanus too.

If you need support to do these health checks please chat to your support coordinator, we are happy to help you arrange appointments and support workers or transport to assist if needed.

Dates to Remember

Thursday January 26th is Australia Day, this is a public holiday.
Safe Solutions Care will be closed on Thursday.

Safe Solutions Care acknowledges Traditional Owners of Country throughout Australia and recognizes the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures; and the Elders past and present and emerging.



Upcoming Events

Having A Say Conference 2023

The Having a Say conference is the largest conference for people with disabilities within Australia where people can find their voice, to speak up, to be heard and to be respected. This is the conference where people listen to each other, not just to the speakers on stage. This is the conference where people respect each other's views and opinions, and celebrate their common cause. The aim of the conference is to empower people with a disability with the opportunity to 'have a say' about issues that affect their lives and to celebrate ability and achievement.

Safe Solutions Care will be attending the Having A Say Conference hosted by Valid from 20th – 21st February 2023 at Deakin University, Waterfront Campus 1 Geringhap Street, Geelong. We would love for you to pop by and say hi – Sue and her beautiful Global Award will both be available for photos if you wish.

Here is the link to the Having A Say Conference Facebook Page where you can access all of the information, register your interest to attend and pay for your tickets. If you do not have access to a computer or need help in registering and would like to attend, please give Sue a call and she will ensure that you do not miss out!

<https://www.facebook.com/HavingASay/>

